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**Contest for T-Shirt design announced for Hams and Hamstrings 5K**

*Winner gets two race entries, an Easter ham, and more*

Colorado Springs, Colo., February 25, 2014

Bigwig Races, a Colorado Springs-based promoter of 5K and 10K races, released the details today of a contest to determine the design of the t-shirt that will be used for its Hams and Hamstrings 5K race planned for April 20.

The race will start and finish at the 7-Eleven® at 7718 E. Woodmen, located north of Woodmen Road, just west of Marksheffel Road.

The Hams and Hamstrings 5K, billed as “Colorado’s Easter Day 5K,” is open to serious runners, walkers, teens and families. Costume prize winners and first, second and third place finishers will take home an Easter ham as their prize.

The event drew more than 400 runners in 2012, its first year but was not held in 2013. “We learned a lot our first year and expect even more runners this year,” Claar said. “This is a great chance for some lucky artist to have their handiwork featured on hundreds of shirts in the community.”

Entry deadline is March 17. Complete contest details are available at [hurry.to/shirt](http://hurry.to/shirt)

Complete race information and registration for the race is available at [hamsandhamstrings.com](http://hamsandhamstrings.com)



### **About Bigwig Races**

Bigwig Races LLC was formed to create valuable sponsorship and promotional opportunities for businesses of all sizes by professionally producing 5K and 10K races. The Bigwig Races model ensures that every race is effective, both as a promotional vehicle and as a competitive sporting event to support community fitness. We leverage years of experience in advertising, publishing, process improvement, accounting, sales, event planning, and project management. Our principals also enjoy running in local and regional races and have participated in hundreds of races, some as sponsored athletes. Complete information about Bigwig Races is available by calling (719) 362-3306 or by visiting [bigwigraces.com](http://bigwigraces.com)

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